

## Junior Eagle Journal

Your Source for News from O'Neill Elementary School April 2022



### Finish Strong

We are at the time of year where the days get longer, the weather is nicer, and the sun shines just that much brighter! It can become a little easier to use excuses for why you're not getting things done like you should. However, I think of this is a time to work hard, but play hard.

I know we all are getting busy with Spring activities like concerts, soccer, yardwork, among many other things. But, it's important to remember what we are here for first, school. Please sit down with your children and talk about the importance of finishing these last 7 weeks of school strong. I'm sure with the extra sunlight and nice weather everyone will be able to find the time to focus on school and enjoy themselves in the nice weather.

Have a wonderful April.

Thank you,

Mr. Jim York Principal, O'Neill Elementary School

# A Few Announcements...



- While winter seems to have gone away to hibernate, that does not necessarily it is short weather every day. If your child wears shorts to school, please ask him or her to bring sweatpants or wind pants with him or her to school, just in case it is still cold outside at recess time!
- If your child is/will be gone from school, please contact the office so we can know about your child's whereabouts.
- Many of our students have been wearing sweatshirts to school on a regular basis, which is great. But, after two or three days of continuous wear, the sweatshirts can become dirty and a bit smelly. Please remember to wash those sweatshirts periodically.

# Eagle Way Minute



The Eagle Way isn't just an expectation at school. It's also an expectation throughout life, including on the playground and at the park. That said, here are some tips for doing things the Eagle Way during play time.

- Be Safe-Make sure the surroundings are safe to play.
- Be Respectful-Put away what I take out.
- Be Responsible-Show good sportsmanship.

## **Upcoming Dates**

April 4th---2:30 Dismissal for Staff PD

April 11th---2:30 Dismissal for Staff PD

April 12th---Soundsational Singers perform in Lincoln

April 13th---Doughnuts with Dudes @ 7:15 am

April 15th-April 18th---Spring Break

April 19th-22nd---BOGO Scholastic Book Fair in the Elementary Library

\*\*NOTE DATE CHANGE\*\*

April 19th---Family Reading Night @ 6:00 pm \*\*NOTE DATE CHANGE\*\*

April 20th---Long Johns with Ladies @ 7:15 am

April 21st---Throwback Thursday (Dress in clothes from a different decade)

April 25th---2:30 Dismissal for Staff PD

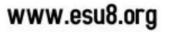
April 28th---Kindergarten Field Trip to Norfolk

April 30th---Neligh-Oakdale Honor Band



### ANTELOPE COUNTY FAIRGROUNDS NELIGH





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# YOU'RE INVITED TO

DOUGHNUTS WITH DUDES (BRING ANY ADULT MALE THAT IMPACTS YOUR LIFE)--APRIL 13TH @ 7:15 AM

LONGJOHNS WITH LADIES (BRING ANY ADULT FEMALE THAT IMPACTS YOUR LIFE)--APRIL 20TH @ 7:15 AM











rth grader uses problem-solving sk ate a Spacepack for a galactic jour

### **EXPLORE A TYPICAL DAY AT OUR ALL-NEW 2022 PROGRAM**

#### A.M. BASE CAMP



120

Campers create a habitat for a robotic fish-complete with a symbiotic friend - and then take their fish home in its mini tank!



SPACECATION™: Inspired by real space exploration, campers construct Spacepacks and Astro-Arm devices, mine asteroids and observe ice volcanoes!

**GAMES & LUNCH** 



Campers get their game on as they experiment with the fun of physics and engineering to build their own mega marble arcades!

P.M. BASE CAMP

NIHF'S THE ATTIC™:

and art to build

their own robotic

artists, campers

can be creative!

National Inventors Hall of Fame uspto

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estors in Creativity and Invention

Overdeck Family Foundation United Way of Summit & Medina

### SECURE YOUR SPOT TODAY Register at INVENT.ORG/CAMP or 800-968-4332

Grades: K - 6th

Location: O'Neill Elementary School 1700 N 4th Street, O'Neill, NE 68763

Date: June 13 - 17, 2022

Time & Cost: 9:00 AM to 3:30 PM \$245 (before discount) Extended Day Hours Available: 7:30 AM to 5:30 PM | Additional \$80

Camp Director: Ashley York ashleyyork@oneillschools.org | 402-336-1400

For a more convenient program schedule, add our Extended Day option to your cart at registration. Extended Day hours are from 7:30 AM to 5:30 PM for an additional \$80 per week.

If these dates/times don't work for you, please visit invent.org/camp for other locations near you.





Scan to secure vour spot today!

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# O'Neill Elementary, Grades PK-6 2021-2022 Breakfast, Grades K-6

				10
				Entree
				* Fresh Baked Cinnamon Roll
				* Cereal Choices with Toast
				Fruit
				100% Fruit Juice
				Pineapple Tidbits
				Milk
				1% Unflavored Milk
				Chocolate Skim Milk
				Strawberry Skim Milk
04	4 05	90	01	08
Entree	Entree	Entree	Entree	Entree
* Waffles with Syrup	* Muffin Top & Yogurt	* Sausage Breakfast Pizza	* Pancakes with Syrup	* Fresh Baked Cinnamon Roll
* Cereal Choices with Toast	* Cereal Choices with Toast	* Cereal Choices with Toast	* Cereal Choices with Toast	* Cereal Choices with Toast
Fruit	Fruit	Fruit	Fruit	Fruit
100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
Applesauce	Mixed Fruit Cocktail	Fresh Orange Slices	Sliced Peaches	Pineapple Tidbits
Milk	Milk	Milk	Milk	Milk
1% Unflavored Milk	1% Unflavored Milk	1% Unflavored Milk	1% Unflavored Milk	1% Unflavored Milk
Chocolate Skim Milk	Chocolate Skim Milk	Chocolate Skim Milk	Chocolate Skim Milk	Chocolate Skim Milk
Strawberry Skim Milk	Strawberry Skim Milk	Strawberry Skim Milk	Strawberry Skim Milk	Strawberry Skim Milk
1	1	13	14	15
Entree	Entree	Entree	Entree	Misc.
* Fresh Baked Biscuits and Gravy	* Home-style Stuffed Potato Breakfast	* Cereal Choices with Toast	* Sausage Breakfast Pizza	No School
* Cereal Choices with Toast	Burrito	Long Johns for Ladies	* Cereal Choices with Toast	
Fruit	* Cereal Choices with Toast	Fruit	Fruit	
100% Fruit Juice	Fruit	100% Fruit Juice	100% Fruit Juice	
Applesauce	100% Fruit Juice	Fresh Orange Slices	Sliced Peaches	
Milk	Mixed Fruit Cocktail	Milk	Milk	
1% Unflavored Milk	Milk	1% Unflavored Milk	1% Unflavored Milk	
Chocolate Skim Milk	1% Untlavored Milk	Chocolate Skim Milk	Chocolate Skim Milk	
Strawberry Skim Milk	Chocolate Skim Milk Strawberry Skim Milk	Strawberry Skim Milk	Strawberry Skim Milk	
3				

18	19	20	21	22
Misc. No School	<ul> <li>Fresh Baked Egg &amp; Cheese Biscuit</li> <li>* Fresh Baked Egg &amp; Cheese Biscuit</li> <li>Sandwich</li> <li>* Cereal Choices with Toast</li> <li>Fruit</li> <li>100% Fruit Juice</li> <li>Applesauce</li> <li>Milk</li> <li>1% Unflavored Milk</li> </ul>	Entree * Cereal Choices with Toast Donuts For Dudes Fruit 100% Fruit Juice Pineapple Tidbits Milk 1% Unflavored Milk	Entree * Ultimate Chocolate Chip Breakfast Round * Cereal Choices with Toast Fruit 100% Fruit Juice Sliced Pears Milk 1% Unflavored Milk	Entree * Fresh Baked Cinnamon Roll * Cereal Choices with Toast Fruit 100% Fruit Juice Fresh Orange Slices Milk 1% Unflavored Milk
	Chocolate Skim Milk Strawberry Skim Milk	Strawberry Skim Milk	Chocolate Skim Milk Strawberry Skim Milk	ž
25 Entree	26	27 Entres	28 Entres	29
* Sausage Breakfast Pizza	* Waffles with Syrup	* Glazed Donut	* Fresh Baked Biscuits and Gravy	* Fresh Baked Cinnamon Roll
* Cereal Choices with Toast Fruit	* Cereal Choices with Toast Fruit	* Cereal Choices with Toast Fruit	* Cereal Choices with Toast Fruit	* Cereal Choices with Toast Fruit
100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice	100% Fruit Juice
Pineapple Tidbits Milk	Applesauce Milk	Sliced Peaches Milk	Fresh Orange Slices Milk	Sliced Pears Milk
1% Unflavored Milk	1% Unflavored Milk	1% Unflavored Milk	1% Unflavored Milk	1% Unflavored Milk
Chocolate Skim Milk Skim Unflavored Milk	Chocolate Skim Milk Strawberry Skim Milk	Chocolate Skim Milk Strawberry Skim Milk	Chocolate Skim Milk Strawberry Skim Milk	Chocolate Skim Milk Strawberry Skim Milk
Strawberry Skim Milk				
In accordance with federal civil rights law a USDA programs are prohibited from discrin	and U.S. Department of Agriculture (USDA) c minating based on race, color, national origin	ivil rights regulations and policies, the USDA t, sex, disability, age, or reprisal or retaliation	In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.	stitutions participating in or administering r activity conducted or funded by USDA.
Persons with disabilities who require altern applied for benefits. Individuals who are de in languages other than English.	lative means of communication for program i saf, hard of hearing or have speech disabilitie	information (e.g., Braille, large print, audiotar es may contact USDA through the Federal Re	Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the agency (state or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.	the agency (state or local) where they orogram information may be made available
To file a program complaint of discriminatic	on, complete the USDA Program Discriminati	To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at:	at:	

How to File a Complaint, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410
 fax: (202) 690-7442; or
 email: program.intake@usda.gov.

This institution is an equal opportunity provider.

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# O'Neill Elementary, Grades PK-6 2021-2022 Lunch, Grades K-5

				01
				Entree
				* Strawberry Banana Yogurt Parfait with Graham Crackers
				* Cheesy Ham Baked Potato with Dinner Roll
				* Cheese Pizza
				* Pepperoni Pizza
				Vegetables
				Mixed Vegetables
				Fruit
				Fruit and Veggie Bar
				Milk
				1% Unflavored Milk
				Chocolate Skim Milk
				Strawberry Skim Milk
04	90	90	02	08
Entree	Entree	Entree	Entree	Entree
* Chef Salad with Roasted Flatbread	* Fresh Baked Turkey & Cheese Sub	* Crispy Chicken Salad with Roasted Flatbread	* Fresh Baked Ham & Cheese Sub	* Chocolate Cherry Yogurt Parfait with Graham
* Original Beef Goulash	* Loaded Hash Browns with Dinner Roll	* Super Nachos	* Honey Garlic Glazed Chicken over Rice	Crackers
* French Toast Sticks with Eggs	* Popcorn Chicken Bites	* BBQ Rib Sandwich	* Mozzarella Bosco Sticks with Marinara Dipping	* Cheeseburger Macaroni Skillet with Breadstick
Vegetables	Vegetables	Vegetables	Sauce	* Cheese Pizza
Golden Corn	Candied Carrots	Zesty Black Beans	Vegetables	* Pepperoni Pizza
Fruit	Fruit		Steamed Broccoli Florets	Vegetables
Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit	Green Beans
Milk	Milk	Desserts	Fruit and Veggie Bar	Fruit
1% Unflavored Milk	1% Unflavored Milk	Cinnamon Roll Bread Pudding	Milk	Fruit and Veggie Bar
Chocolate Skim Milk	Chocolate Skim Milk	Milk	1% Unflavored Milk	Milk
Strawberry Skim Milk	Strawberry Skim Milk	1% Unflavored Milk	Chocolate Skim Milk	1% Unflavored Milk
		Chocolate Skim Milk	Strawberry Skim Milk	Chocolate Skim Milk
		Strawberry Skim Milk		Strawberry Skim Milk

11	12	13	14	15
Entree	Entree	Entree		Misc.
* Chicken BLT Salad with Roasted Flatbread	* Fresh Baked Combo Sub	* Greek Chicken Salad with Fire Roasted Flatbread	* Fresh Baked Ham & Cheese Sub	No School
* Italian Melt	* Baked Ham with Dinner Roll	* Chicken Fajita	* Home-style Spaghetti with Garlic Breadstick	
* Breaded Beef Patty Sandwich	* Chicken Nuggets with Dinner Roll	<ul> <li>* Oven-Roasted Hot Dog</li> </ul>	* Crispy Chicken Sandwich	
Vegetables	Vegetables	Vegetables	Vegetables	
Mixed Vegetables	Mashed Potatoes with Chicken Gravy	Refried Beans	Golden Corn	
Fruit	Fruit	Fruit	Fruit	
Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar	
Milk	Desserts	Milk	Milk	
1% Unflavored Milk	Fresh Baked Holiday Cookie	1% Unflavored Milk	1% Unflavored Milk	
Chocolate Skim Milk	Milk	Chocolate Skim Milk	Chocolate Skim Milk	
Strawberry Skim Milk	1% Unflavored Milk	Strawberry Skim Milk	Strawberry Skim Milk	
	Chocolate Skim Milk Strowberry Skim Milk			
18	19	20	21	22
Misc.	Entree	Entree	Entree	Entree
No School	* Fresh Baked Turkey & Cheese Sub	* Fajita Salad with Tortilla Chips	* Fresh Baked Ham & Cheese Sub	* Vanilla-Berry Yogurt Parfait with Goldfish
	* Traditional Beefy Lasagna with Breadstick	* Classic Beefy Chili and Crackers	<ul> <li>Italian Dunkers with Marinara Dipping Sauce</li> </ul>	Grahams
	* Mini Corn Dogs	* Crispy Chicken Sandwich	* Breaded Steak Fries with Dinner Roll	* Home-style Scalloped Potatoes & Ham with
	Vegetables	Vegetables	Vegetables	* Choose Diana
	Green Beans	Golden Corn	BBQ Baked Beans	
	Fruit	Fruit	Fruit	
	Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar	
	Milk	Desserts	Milk	
	1% Unflavored Milk	Fresh Baked Cinnamon Bun	1% Unflavored Milk	Fruit and Versia Bar
	Chocolate Skim Milk	Milk	Chocolate Skim Milk	Fruit and veggle bar
	Strawberry Skim Milk	1% Unflavored Milk	Strawberry Skim Milk	10/ 11-defensioned Mills
		Chocolate Skim Milk		1% Untravored Milk
		Strawberry Skim Milk		Chocolate Skim Milk Strawherry Skim Milk
25	26	27	28	29
Entree	Entree	Entree	Entree	Entree
* Chef Salad with Roasted Flatbread	* Fresh Baked Italian Sub	* Southwest Salad with Tortilla Chips	* Fresh Baked Ham & Turkey Sub	* Strawberry Banana Yogurt Parfait with Graham
* Pizza Pasta Bake	* Soft Shell Beefy Tacos	* Creamy Macaroni & Cheese with Dinner Roll	* Mega Meatball with Dinner Roll	* Toostad Phones Conduich with Process Tomato
* Popcorn Chicken Bites	* Fish Nuggets with Dinner Roll	* Oven-Roasted Hot Dog	* Baked Pork Fritter	Soup
Vegetables	Vegetables	Vegetables	Vegetables	* Cheese Pizza
Steamed Carrots	Refried Beans	Lemon Herbed Broccoli and Cauliflower	Mashed Potatoes with Brown Gravy	* Pepperoni Pizza
Fruit	Fruit	Fruit	Fruit	Vegetables
Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar	Green Beans
Milk	Desserts	Milk	Milk	Fruit
1% Unflavored Milk	Test Your Senses- Ooey Gooey Caramel Brownie	1% Unflavored Milk	1% Unflavored Milk	Fruit and Veagie Bar
Chocolate Skim Milk	Milk	Chocolate Skim Milk	Chocolate Skim Milk	Milk
Strawberry Skim Milk	Strawberry Skim Milk	Strawberry Skim Milk	Strawberry Skim Milk	1% Unflavored Milk
	1% Unflavored Milk			Chocolate Skim Milk
	Chocolate Skim Milk			Strawberry Skim Milk
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